



Signs a Child is Being Bullied (For Parents)



Please check the following checklist to see if your child is showing any signs of being bullied.

※Please write a check mark .

○Is your child being bullied? My child...

- Morning does not get up in the mornings, doesn't come out of the bed
 claims to be sick and asks to stay home from school
 shows sign of relief, after calling school for the absence
 frequently arrives school late or leaves school early
 lost his appetite and eats quietly
- Evening
(After school) doesn't study at home, cannot focus on studying
 takes money from home, asks for a large amount of money
 is often laughed at, teased or ordered to do something while playing with friends
 doesn't have any friends come over to our house and stays at home
 has new friends
 becomes anxious when phone rings or receives messages
- Night
(Before bed) looks sad or depressed, doesn't talk to us like he/she used to
 takes out frustrations on us and has become mean to the family
 gets irritated over small things and takes out frustrations on things
 doesn't talk about school or friends at school
 spends more time alone in his/her own room
 has unexplainable bruises or injuries
 doesn't want others to touch personal belongings
 always checking on his/her smartphone and computer (online games)
- Night
(After going to bed) has difficulty sleeping or experiences sleepless nights
 has lost or destroyed things he/she uses at school
 has negative comments written in his/her textbooks and notebooks
 comes home with dirty clothes or torn clothes
 has negative comments sent to him/her on his/her smartphone or online games. He/She has deleted some messages on the phone/games.

○Is your child bullying others?

* Signs a child is bullying others. My child...

- uses rude expressions, doesn't listen to others, and makes fun of others
 has new friends
 has things you don't remember buying for him/her
 have unexplained extra money or new belongings

※We referred to "Signs of Bullying" provided by the Ministry of Education.